INVESTIGATIONS AND LAB DIAGNOSIS OF SPLENOMEGALY

V.V.ANUPAMA
7th semester

CAUSES OF SPLENOMEGALY

- LYMPHOHEMATOGENOUS DISORDERS
- PORTAL HYPERTENSION RELATED STATES
- INFECTIONS AND INFESTATIONS
- METABOLIC DISEASES
- IMMUNOLOGICAL-INFLAMMATORY CONDITIONS
- NEOPLASMS & CYSTS
- HYPERSPLENISM

Diagnosis of Splenomegaly

Diagnosis of splenomegaly and the underlying cause is based on

- HISTORY
- CLINICAL EXAMINATION
- RADIOLOGICAL IMAGING
- LABORATORY INVESTIGATIONS

INVESTIGATIONS

- RADIOLOGICAL INVESTIGATIONS
- BLOOD
- •MICROBIOLOGICAL INVESTIGATIONS
- OTHER TESTS

RADIOLOGICAL INVESTIGATIONS

- Plain Radiograph
- Ultrasonography
- CT Scan

PLAIN RADIOGRAPH

Rarely used in investigation of splenomegaly.

The following are observed on a plain radiograph:

- Miliary lung patterns can be seen in a case of Miliary Tuberculosis.
- Well defined calcifications of parenchyma of spleen can be seen in Granulomas.
- Curvilinear or oval calcifications are typically seen in Splenic Cysts.

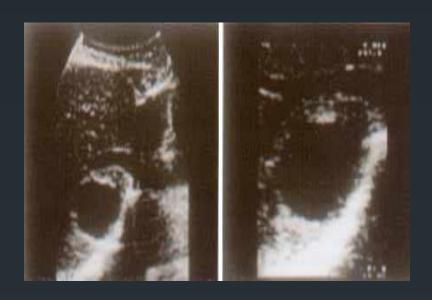


PLAIN RADIOGRAPH SHOWING A CALCIFICATION – SPLENIC HYDATID CYST.

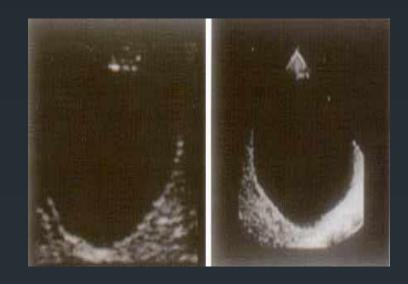
Ultrasound

- Parenchyma exhibits diffusely increased reflectivity in Leukemias,
 Polycythemia, Tuberculosis, Malaria, Brucellosis,
 Sarcoidosis.
- Cysts: Splenic cysts present as Anechoic, well defined structures with well rounded margin and posterior acoustic attatchment.
- Both true as well as false cysts may have some low level internal echoes.
- WHO classifies Echinococcal cysts from CL to CE5.

WHO CLASSIFICATION OF ECHINOCOCCAL CYST ON ULTRASOUND

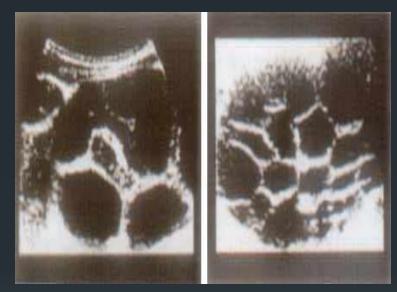


CYSTIC LESION -CL

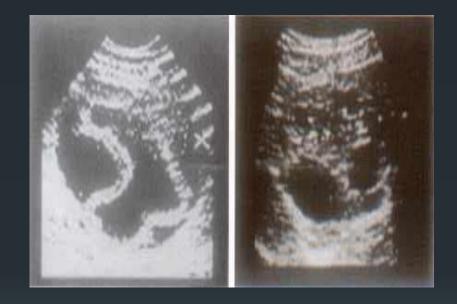


CYSTIC ECHINOCOCCOSIS-1 (CE 1)

Continued...



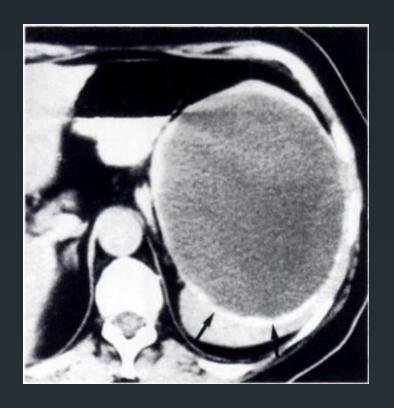
CYSTIC ECHINOCOCCOSIS 2(CE 2)



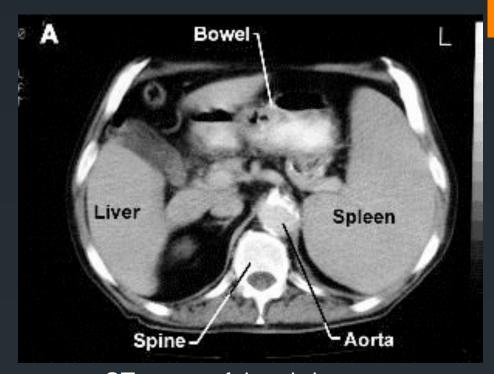
Cystic Echinococcosis 3 (CE3-Transitional)

COMPUTERISED TOMOGRAPHY

- Splenic abscess appears as rounded area of low density within splenic tissue.
- Cysts show well defined margins and are of uniform water density.
- Large cysts may be multi loculated with thin internal septa



Hypodense splenic mass with discontinuous peripheral rim calcification



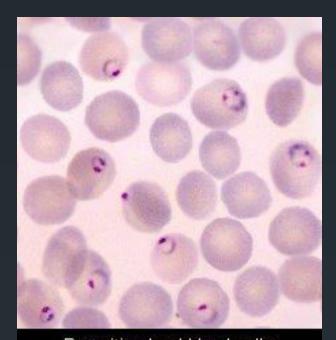
CT scans of the abdomen in a case ofsplenomegaly. Patient showing moderate enlargement of the spleen

BLOOD INVESTIGATIONS

- Erythrocyte count is decreased in Thalassemia major, SLE, Cirrhosis with portal hypertension and increased in Polycythemia vera
- ➤ Granulocyte count is increased in Polycythemia vera and decreased in Felty's syndrome, congestive splenomegaly.
- Eosinophil count : Increases in parasitic infections, Hodgkin's disease etc.
- Platelet count is decreased in ITP.

BLOOD INVESTIGATIONS

- Complete blood counts with Cytopenia of one or more cell types with splenomegaly-suggestive of Hypersplenism.
- Increased Total Leukocyte Count is seen in CML and other leukemias.
- ➤ Hemoparasites: Peripheral smear is standard for diagnosis of Malaria, Kala azar.
- ➤ RBC Fragility test shows increased fragility of red cells in case of hemolytic anemias.
- ➤ Blood culture is done in cases where history and clinical finding give rise to suspicion of Typhoid fever.



Parasitised red blood cells:

P. Falciparum trophozoites
Peripheral blood smearMalaria



Blood Smear: Kala azar

OTHER TESTS..

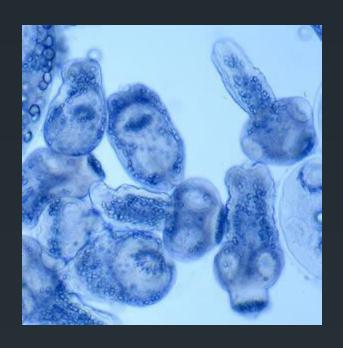
- Liver function tests in cases suspected of portal hypertension are useful.
- In case of lymphadenopathy, or suspected lymphoid malignancies, Lymph node biopsy will be required.
- Rapid diagnostic test specific for P. falciparum is Parasight F test to detect Histidine Rich Protein 2(antigen) and OptiMAL test for both Plasmodium falciparum and P. vivax malaria infections. (Immuno diagnosis.)
- Bone marrow aspiration and staining is the technique used for diagnosis of Lympho hematogenous disorders.

SPECIFIC INVESTIGATIONS FOR HYDATID CYST

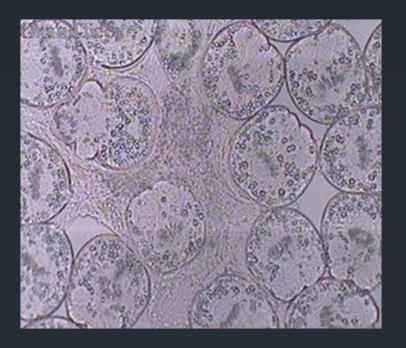
- > MICROSCOPY
- > IMMUNO DIAGNOSIS
- CASONI's TEST
- MOLECULAR METHODS

Microscopic findings

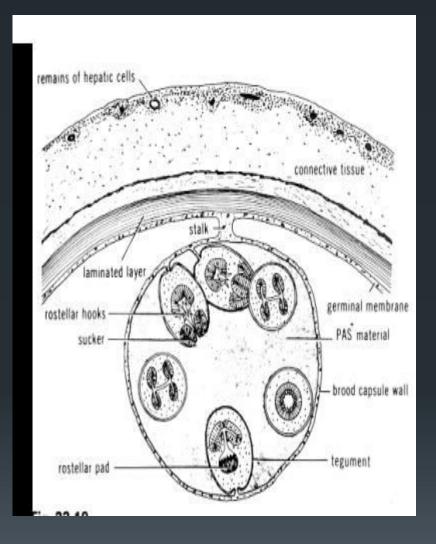
- Diagnostic puncture of the cyst is not recommended since the fluid spill on adjacent structures may cause anaphylactic shock.
- Hence, fluid aspirated from surgically excised cyst is used for a specific diagnosis.
- On examining under microscope either by Wet Mount or Lacto-phenol-Cotton Blue mount, the cyst fluid shows –Scolices, Brood capsules and hooklets.
- On Acid-fast stain, Scolices and protoscolices appear Purple or Pink.



Protoscolices being released from hydatid cyst



Microscopy of aspirated fluid showing scolices of Echinococcus granulosus





IMMUNO-DIAGNOSIS -HYDATID CYST

Antigen detection

- Detection of Antigen is more reliable than that of Antibody.
- Sample : Serum
- Tests: ELISA, Counter immune electrophoresis (CIEP),

Bacterial Co-agglutination and latex agglutination and Enzyme linked Electro Immuno Transfer Blot(EITB) tests.

- Sample :Urine
- Tests: CIEP or Co-agglutination.

Antibody detection

- Indirect hemagglutination (IHA).
- Indirect fluorescent antibody (IFA) tests.
- Enzyme immunoassays (EIA).
- Enzyme Linked electro Immuno Transfer Blot (EITB)

Disadvantages of Antibody detection:

- Low sensitivity
- High number of false negatives
- Previously antibodies against Capron's Arc 5 Antigen were detected by CIEP but now Cross reactivity with neurocysticercosis has been observed.

CASONI's TEST

- Immediate Hypersensitivity skin test introduced by Tomaso Casoni in 1911.
- Sterile Hydatid fluid from unilocular hydatid cysts from sheep, pig,cattle or man is used as Antigen.
- Postive test: Test site develops a large wheal around 5cm in diameter with multiple pseudopodia within 30 minutes of injection.

Drawbacks:

- Low sensitivity (55-70%)
- False positive results are common in patients with other cestode infections.

CASONI'S TEST IS NO LONGER USED.

MOLECULAR METHODS

- Recombinant Echinococcus Antigens.
- DNA Hybridization Techniques by developing DNA probes for hybridization to DNA from diagnostic samples
- Polymerase Chain Reaction (Diagnostic PCR)
- Southern Blot Hybridization

REFERENCES

- Robbins & Cotran Pathology
- Parasitology by S.C.Parija
- Radiopedia.org
- Bailey & Love Short Practice of Surgery

Thank you!